

Tennis and Cross-Training Schedule

Starting Monday 1/15/2012 6 week sessions

Level 3 & 4 (High School Varsity and JV ability levels)

Tennis Clinics

Mondays, Tuesdays, Thursdays 4-5:30pm

Saturdays 11-12:30pm

Serving and Return Practice: Wednesdays 6-6:30pm

Open courts for play: Fridays 5:30-7pm,

Saturdays 1:30-2:30

Cross-Training Schedule:

Yoga Mondays 5:45-6:45pm

Swimming Conditioning: Tuesdays 6-6:30pm

Strength Training: Wednesdays 5-6pm

Speed and Footwork: Thursdays 6:15-6:45pm

Basketball & Racquetball: Tuesdays 5:30-6pm,

Thursday 5:30-6:15pm

Call Now to sign up for the
Next Session!

Bart Turner: cell: 419-508-0050

work: 330-722-2473, ext. 233

Level 2:

Tennis Clinics

Wednesdays & Fridays 4-5:30pm

Saturdays 12:30-2pm

Cross-Training

Yoga: Mondays 5:45- 6:45pm

Swim Conditioning: Saturdays 11:30am

Speed and Footwork: Mondays 7-7:20

Strength Training: Wednesday 6:15-6:45pm

Basketball & Racquetball: Wednesdays 5:30-6:15

Class Levels and Costs

(non-member pricing in parentheses)

Prices for 6 week sessions

Level 2,3 &4 (6) 90 minute classes \$121 (\$195)

Unlimited package available—\$375 for everything listed

Membership required for cross-training & Unlimited

Private & Semi-Private lessons

\$50 per hour (\$65)

\$30 per half hour (\$42)

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