



TENNIS TALK

JUNIOR DEVELOPMENT

Summer Sessions II & III

Summer Sessions II & III – Registration in Progress				
Tots(5-7 yrs)/Tykes(8-9 yrs) Class will utilize some of the “Quick Start” programming	11:00 - 12:00	Tues & Thurs	July 6 – July 22 July 27 – August 12	\$66.00
Beginner/Advanced Beginner I	9:30 - 10:30	Mon and Thurs	July 8 – July 26 July 29 – August 16	\$66.00
Intermediate/Advanced Intermediate	12:00 - 1:30	Tues & Thurs	July 6 – July 22 July 27 – August 12	\$90.00
Advanced/ High School Players/Varsity Singles/Tournament Players	11:30-2:00	Mon & Weds	July 7 – July 26 July 28 – August 16	\$140.00

Please note: There are a minimum of 4 students to constitute a class. Schedule is subject to change due to demand. Make-up classes are at the discretion of the instructor. Kris (ext. 215), Chad (ext. 315) & Elizabeth (ext. 320) are available for Junior & Adult private lessons. Please call their extensions to schedule an appointment.

If there are classes which do not meet your schedule, please contact Kris Stofey, ext. 215. We **MIGHT** be able to establish an alternate day/time.

Tennis Tip By: Kris Stofey, USPTA, Director of Tennis

If you have been plagued with elbow pain due to poor technique on your one-handed backhand, you might want to learn the two-handed backhand. This would especially be the recommendation if after some one-handed lessons to improve your form does not resolve your elbow pain.

The one-hander is a wonderful but much more complex stroke. A few late contacts or mishit shots and your elbow will pay the price. A few lessons on the two-handed backhand should help you regain a healthy elbow and a much improved shot.

Clinics with Elizabeth (ext. 320)

Cardio tennis for kids & adults will run Every Other Sunday (July 11, 18)
Kids are from **2-2:30** (\$5 per child) and adults are from **2:30-3:30** (\$10 per adult).

Morning Adult Singles Clinic: Mondays from 10-11am (July 19)

Evening Adult Singles Clinic: Mondays from 7-8pm (July 5, 19)

Adult Beginners Clinic: *Saturday* July 10: 12-1pm
July 24: 2-3pm

